

The Hut Timetable

We open at 10.00 - 3.00

(Lunch 12.30-1.15 Bring your own lunch if you are staying all day)



MONDAY

11.15-12.30

1.15-2.45

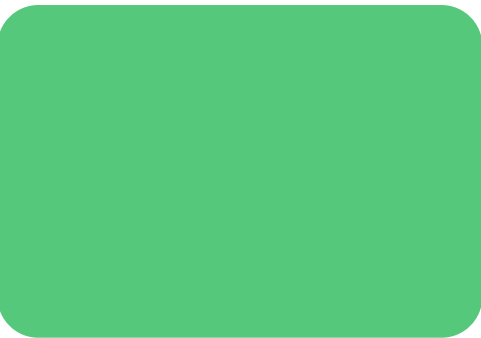
(Women's only group)
Storytellers



(Men only group)
Make it Easy

Creative Arts

TUESDAY



11.15-2.45
The Crafty Kitchen
(A full Day session)



WEDNESDAY



11.15-12.30
(In the Hubble)
Green Fingered Friends or Reuse & Recycle



THURSDAY

Mix and Match Thursday
You choose the session you would like to do (AM & PM)

Reuse & Recycle Workshop

Green Fingered Friends

Hut Made Makers or Let's go for a Bimble

FRIDAY



Artistic Express

Fun & Bingo with the Friday Feeling





The Wellness Club Timetable



10.30-11.15

MONDAY

Take a
breath
with
Emma



11.15-12.30

1.15-2.45

TUESDAY

Funny
Bones

Wellness
One 2
one

WEDNESDAY

10.00-11.00
Chit, Chat & Social

Happy
Habits

THURSDAY

Mindful
Minds

FRIDAY

Body Magic

Hearing Voices